



A happier, healthier life starts here.

MTA New York City Transit is committed to helping you, your eligible spouse/domestic partner, and eligible dependents, reach your wellness goals—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—by offering discounted pricing on the WW offerings listed below. Join **WW, Weight Watchers reimagined**, and you'll get access to lots of exciting features, including exclusive mindset and meditation content through our meditation partner Headspace®, and incredible products and experiences through our rewards program, WellnessWins™ on the **WW Freestyle™** program.

There has never been a better time to join WW!

Choose the plan that's right for you	Digital	Digital + Workshops
Retail price per month	\$19.95	\$44.95
MTA New York City Transit contribution	Over 60%	Over 60%
Your price per month	\$7.48	\$16.85
Easy-to-use app and website Track your food, activity, and weight any time with our digital tools.	*	*
Endless food options With our database of 4,000+ delicious recipes, you'll eat what you love and lose weight.	*	*
Encouragement from a vast online community Keep in touch with other members on their weight-loss journeys and share tips, tricks, and ideas with each other.	*	*
Motivation from others with similar goals Share your journey with fellow members through weekly in-person workshops.		*
Insightful coaching from a WW expert Get strategies from someone who's been in your shoes and lost weight.		*

Plans automatically renew monthly. See below for details.

Who is eligible? All active represented employees enrolled in any Aetna medical plan (example: Aetna High Option, Basic or Select Option), their spouse/domestic partner, and dependents 18-26 are eligible for the WW discounted rates and subsidy.

To purchase either of these WW offerings, or for more information, visit ww.com/us/NYCT.

You will need to enter the **MTA New York City Transit Employer ID: 14613037**.

You will need to enter your BSC ID + Date of Birth (mmddyyyy) to enroll.

For questions or assistance enrolling please call the WW Wellness Hotline at **866-204-2885**.

Digital subscription: Pay \$7.48 today for your first month. Plan automatically renews monthly thereafter at \$7.48 until you cancel.
Digital + Workshops subscription: Pay \$16.85 today for your first month. Plan automatically renews monthly thereafter at \$16.85 until you cancel. Sold in participating areas only; may not be accepted for local workshops and/or Workshops in the workplace in all areas. Minimum enrollment and participation required to start and maintain Workshops in the workplace.
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